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Right Touch is when people

✓ Consent
✓ Trust
✓ Feel Safe
✓ Feel Comfortable

Wrong Touch is when people

✓ Do not consent
✓ Do not trust
✓ Do not feel safe
✓ Do not feel comfortable

➤ Would you let a stranger into your personal space?

➤ Could a stranger hurt you? How?

➤ Could someone you know hurt you? How?

➤ What can you do if you don’t like the way someone touches you?
REMEMBER THE 5 RULES FOR PERSONAL SPACE:

1. I don’t let people I just met or don’t know well into my personal space.

2. I don’t stare at people.

3. I don’t sit or stand too close to people.

4. I only touch other people with their consent.

If ANYONE comes into my personal space and it makes me uncomfortable, I always have the right to assert myself and tell the person NO.

➤ Practice saying: “NO! STOP! You’re in my space!”
➤ Practice matching your body language to your words.

In a healthy relationship people only touch with consent.